

FirstLineTherapy[®]

Group Support Sessions

Group support sessions will be held at Hygeia three times weekly to provide ongoing support to patients currently enrolled in FLT and patients who have completed program.

Sessions will be mediated by Dr. Jacobs and Holly Westling, RN, MS, and will focus on your emerging needs as you progress through the journey of lifestyle change

Group Support Sessions will be held

Tuesday at 5:00 pm
And
Friday at 12:00 noon

All patients currently enrolled in a FLT program through Hygeia are welcome to attend at any time.

Patients who have completed FLT may attend if they are members of the FLight Team.